Welcome to ISL Global Internships!

Since 1994, ISL has provided short-term service trips to volunteers looking for practical experience through medical, education, and community enrichment programs. We are excited to further extend these opportunities through immersive internships. These internships enable volunteers to develop their professional, intercultural, and linguistic skills, all while assisting organizations that are doing important work in our host countries.

We strive to meet a very high standard of quality for both the intern and the recipients of our services. For this reason, internship applicants are thoroughly screened to ensure they are prepared to navigate a new culture and country in partnership with ISL. We provide interns with pre-departure training on the host culture, familiarize them with the support available in-country, and provide them with post internship re-entry support for physical, mental, and emotional health.

If you are interested in our internship opportunities, please review this Global Internship Catalog. Here you will find all of our internships currently available. If you do not see an internship that fits your vision, we can work with you to create a custom internship. Simply fill out the custom Internship form found on our website.

Quick Facts:

- Internship placements range from one month to two years.
- Fees begin at $3395 and include lodging, food, in-country transportation, program costs, and individual support before, during and after your internship.
- If you do not see an internship that fits your vision, we can work with you to create a custom internship. Simply fill out the custom Internship form found on our website.
**Health Science Placements**
- **Belize**
  - Dental Outreach Intern
- **Nicaragua**
  - Homeless Youth Rehabilitation Center
  - Centro de Salud
  - Geriatric Clinic
- **Tanzania**
  - Medical Assistant
  - Medical Clinic Assistant
- **Costa Rica**
  - Physical Therapy / Nursing Assistant at Convent
  - Physical Therapy

**Non-Profit & Business Placements**
- **Tanzania**
  - Hospitality
- **Nicaragua**
  - Marketing and Design

**Education Placements**
- **Tanzania**
  - Kindergarten/Preschool Program Assistant
- **Tanzania**
  - Primary School Computer Teaching
- **Nicaragua**
  - Preschool Support

**Ecology Placements**
- **Nicaragua**
  - Rural Development
  - National Zoo Rescue Center
Dental Outreach
Belize

Placement Focus: Dental outreach & education
Location: Belize City and outlying areas
Required level of Spanish (1-10): Not required, though could be helpful
Min Length: 1 month
Max Length: 1 year

About The Organization:
Partnering with the Belizean Ministry of Health, the intern will work to provide dental services to outlying communities around Belize City that lack dental care. Outreach will also include education and dental services at schools, community health centers and prisons.

Assignment:
1. Provide comprehensive dental health education, prevention and treatment services
2. Provide lectures, projects and demonstrations in pre & primary schools to teachers and students
3. Give instructions in the principals of diet and nutrition as it relates to dental health
4. Provide dental health education services in clinics emphasizing daily tooth brushing and flossing
5. Offer prophylactic services where applicable
6. Provide dental health care services and outreach clinic in the rural areas to adults and children
7. Provide cover-up services where reinforcement is needed
8. Provide the Prison Department inmates with fillings, cleaning, sealants, fluoride and education
9. Acceptance of referred cases and further referrals where immediate treatment is required

Intern requirements:
1. Intern must be a registered dentist, specialist, or graduate level dental student
2. Able to exercise mature and sound judgment
3. Able to communicate in a friendly and clear manner, both verbally and in writing
4. Able to work as a team member
5. Able to carry out dental activities for any dentist that cannot make it for justifiable reasons
6. Able to provide a monthly report for compilation of all activities
7. Must possess professionalism and be ready to represent ISL and the US well
Homeless Youth Rehabilitation Center
Nicaragua

**Placement Focus:** Healthcare for recovering addicts and teen mothers  
**Location:** Managua, Nicaragua  
**Required level of Spanish (1-10):** 6  
**Min Length:** 1 month  
**Max Length:** 10 months  
**Additional Notes:** Not available in late December or early January. Must go through organization’s secondary application process.

**About The Organization:**  
The home was founded in 1998 to meet the needs of homeless children. Its primary residential center cares for up to 94 children and teenagers per night. The home also operates a center for 25 teen moms and their babies that almost always operates at capacity.

**Placement Focus:** Healthcare for recovering addicts and teen mothers  
**Location:** Managua, Nicaragua  
**Required level of Spanish (1-10):** 6  
**Min Length:** 1 month  
**Max Length:** 10 months  
**Additional Notes:** Not available in late December or early January. Must go through organization’s secondary application process.

**Assignment:**
1. Assist in an on-site clinic that works with youth recovering from addiction and to serve teen mothers  
2. Assist current medical staff in routine checkups  
3. Treat medical complications related to addiction, teen pregnancy, and homelessness

**Intern requirements:**
1. Must be an advanced student of nursing, medicine, physical therapy, or other health science field  
2. Must have experience necessary to help in on-site clinic; working professionals welcome  
3. Must possess professionalism and be ready to represent ISL and the US well  
4. Must possess or be willing to develop intercultural competence
Assignment:
1. Intern will work in a public health clinic
2. Develop and implement public health curriculum for sex education and reproductive health
3. Assist in the clinic in many capacities as needed/requested

Intern requirements:
1. Intern must be an advanced student in nursing, physicians assistant (PA) school, public health, social work, or psychology
2. Medical students will assist doctors
3. Must be a self-starter, detail-oriented, and capable of working together on a team
4. This position requires a self-directed, experienced individual who can organize and implement meaningful public health programs
5. Must possess professionalism and be ready to represent ISL and the US well
6. Must possess or be willing to develop intercultural competence

About The Organization:
This public health center is the head of the public health system in the community of Catarina. This center includes a maternity ward and health care center for pregnant women.

Placement Focus: Public clinic with focus on reproductive and sexual health
Location: Catarina, Nicaragua
Required level of Spanish (1-10): 6
Min Length: 3 months
Max Length: 2 years
**Geriatric Clinic**  
**Nicaragua**

**Placement Focus:** Geriatric Medicine  
**Location:** Managua, Nicaragua  
**Required level of Spanish (1-10):** 7  
**Min Length:** 1 month  
**Max Length:** 2 years

**Assignment:**  
1. Intern will assist in a public clinic dedicated to serving aging populations, with an emphasis on physical therapy and therapeutic massage  
2. Duties include patient intake and taking vital signs  
3. Help facilitate public health education

**Intern requirements:**  
1. Intern must be an advanced student of nursing, medicine, PT, public health, homeopathy, or other health science. Working professionals are highly encouraged to apply  
2. Intern must be comfortable working with an older population  
3. Must possess professionalism and be ready to represent ISL and the US well  
4. Must possess or be willing to develop intercultural competence

**Additional Notes:**  
*This clinic also has a focus on natural medicine and acupuncture.*

**About The Organization:**  
The clinic, named for President Daniel Ortega’s Mother, is a geriatric clinic that works to improve quality of life for Managua’s elderly community. The clinic also has a special focus in naturopathic medicine.
Assignment:
1. Pre-med or medical students are placed to learn and serve in a regional hospital
2. Beyond basic medical service, interns have the chance to observe daily operations in the hospital's many different facilities
3. Interns join in daily meetings with hospital medical staff for professional development

Intern requirements:
1. Intern should be a student of pre-med, medicine, nursing, physical therapy or dentistry
2. Must be a self-starter, detail-oriented, and capable of working together on a team
3. Must possess professionalism and be ready to represent ISL and the US well
4. Must possess or be willing to develop intercultural competence

Additional Notes:
*Interns must bring scrubs, latex/nitrile gloves and hand sanitizer.*
Medical Clinic Assistant
Tanzania

Placement Focus: Providing medical support at local clinic
Language: English widely spoken
Location: Moshi, Tanzania
Min Length: 1 month
Max Length: 2 years

About The Organization:
Working to provide basic health services in Moshi, this clinic is situated in the beautiful Kilimanjaro region of Tanzania. With over 180,000 residents in this municipality clinics or “dispensaries” make health care available to many people that the large hospitals do not reach.

Assignment:
1. Pre-med or medical students are placed to learn and serve in a local clinic, known as a dispensary
2. Beyond basic medical service, interns have the opportunity to learn about public health in a small developing community
3. Flexibility exists for an intern to work within their area of interest

Intern requirements:
1. Intern should be a student of pre-med, medicine, nursing, physical therapy or dentistry
2. Must be a self-starter, detail-oriented, and capable of working together on a team
3. Must possess professionalism and be ready to represent ISL and the US well
4. Must possess or be willing to develop intercultural competence

Additional Notes:
*Interns must bring scrubs, latex/nitrile gloves and hand sanitizer. There are similar placements available at two different dispensaries in the area.*
Physical Therapy / Nursing Assistant at Convent

Costa Rica

**Placement Focus:** Providing Physical Therapy services to aging nuns living at a convent

**Required level of Spanish (1-10):** 4

**Location:** Alajuela, Costa Rica

**Min Length:** 2 months

**Max Length:** 4 months

**About The Organization:**
This beautiful, peaceful convent has a long history of collaboration with ISL for medical teams in Costa Rica. The newest step in this partnership provides the opportunity for one or two interns at a time to live at the convent or with a family nearby, working on the beautiful grounds to provide physical therapy and/or nursing assistance to the retired nuns who reside there.

**Assignment:**
1. Help move residents from bed to chairs
2. Accompany residents during therapeutic walks
3. Attend daily exercises with residents
4. Collaborate in the daily tasks within the Physical Therapy department, including but not limited to, routine exercises, passive mobilization, and other patient care

**Intern requirements:**
1. Intern should be a student of nursing or physical therapy, or a licensed nurse/physical therapist
2. Have a vocational calling for elderly care including patience, flexibility and ability to take initiative
3. Preferably the intern would be female as all residents at the convent are female
4. Must possess professionalism and be willing to represent ISL and the US well

**Additional Notes:**
*The institution will provide lunch and snack daily for the intern; two interns maximum at a time. Nursing students may also apply for this position. This internship is only available February-April or August-December.*
Physical Therapy Costa Rica

Placement Focus: Providing Physical Therapy services to aging residents of retirement home
Location: Alajuela, Costa Rica
Spanish suggested, but not required
Min Length: 1 month
Max Length: 11 months

About The Organization:
This organization is an established retirement community in Costa Rica, near ISL headquarters. The community houses expansive physical therapy facilities, open spaces, living and recreational spaces, and a clinic surrounded by lush tropical gardens.

Assignment:
1. Assist in morning exercises
2. Help move residents between various spaces at the facility
3. Prepare residents for therapy sessions
4. Accompany residents on therapeutic walks
5. Gain skills with physical therapy equipment
6. Participate in recreational activities with residents

Intern requirements:
1. Have basic knowledge in physical therapy or medical care (training will be provided on-site)
2. Be a self-starter
3. Collaborate well with others, work well on a team
4. Have a basic knowledge of Spanish
5. Must possess professionalism and be willing to represent ISL and the US well

Additional Notes:
Spanish not required but suggested. Lunch will be provided daily.
Hospitality Assistant
Tanzania

Placement Focus: Provide support to social-benefit guest lodge
Language: English widely spoken
Location: Kilimanjaro, Tanzania
Min Length: 1 month
Max Length: 2 years

About The Organization:
This guest lodge and the adjacent English-Medium Primary School were built by the people of Mailisita in partnership with the Mailisita Foundation, a US-based orphan and vulnerable child relief organization. The income from the lodge goes exclusively to paying the teachers and buying food for the children.

Assignment:
1. Intern will act as a guest ambassador/assistant for the lodge, serving in front desk and guest relations
2. Work in general customer service throughout lodge
3. Intern will assist the lodge as needed, gain experience in hospitality and learn NGO operations

Intern requirements:
1. Intern will need good costumer service skills and have interest in hospitality and NGO administration
3. Must be a self-starter, detail-oriented, and capable of working together on a team
4. Must possess or be willing to develop intercultural competence
5. Must possess professionalism and be willing to represent ISL and the US well

Additional Notes:
Lovely view of Mt. Kilimanjaro region from hotel.
Marketing & Design

Nicaragua

**Placement Focus:** Improving and creating new marketing materials for NGO

**Required level of Spanish (1-10):** Suggested but not required

**Location:** Managua, Nicaragua

**Min Length:** 1 month

**Max Length:** 2 years

**Assignment:**
1. Improve existing marking materials
2. Develop new marketing materials such as videos, brochures, newsletters, etc.

**Intern requirements:**
1. Preferred skills in video filming and editing
2. Preferred proficiency with Adobe programs and other publication applications
3. Must be a self-starter, detail oriented, and capable of working together on a team
4. Must possess professionalism and be willing to represent ISL and the US well

**Additional Notes:**
*Placement is located in an office. Some basic Spanish suggested but not required.*

**About The Organization:**
A partner to ISL, this organization facilitates international exchange programs in Nicaragua, and supports training and capacity building for various development organizations.
Kindergarten/ Preschool Program Assistant

Tanzania

Placement Focus: Work with pre-K and kindergarten teachers and students
Language: English widely spoken
Location: Moshi, Tanzania
Min Length: 1 month
Max Length: 2 years

Assignment:
1. Work in the kindergarten and pre-K program at a school in Moshi, TZ
2. Assist in the development of curriculum
3. Teach in the classroom

Intern requirements:
1. Intern must be passionate about education
2. Must work well with children
3. Experience in education is preferred
4. Must possess professionalism and be willing to represent ISL and the US well

Additional Notes:
Located in the beautiful Kilimanjaro region. Background check required.
Primary School Computer Teaching

Tanzania

**Placement Focus:** Computer Education  
**Language:** English widely spoken  
**Location:** Moshi, Tanzania  
**Min Length:** 3 weeks  
**Max Length:** 2 years

**About The Organization:**
This school has a K-12 program serving underprivileged children, is funded by a popular tourist lodge connected to the facility, and is always looking for volunteers to help.

**Assignment:**
1. Intern will work in the primary school in many different capacities as needed  
2. Develop curriculum for computer classes  
3. Teach computer classes

**Intern requirements:**
1. Intern must be passionate about education  
2. Good knowledge of computers is required  
3. Must be good with kids  
4. Experience in education is preferred  
5. Must possess professionalism and be willing to represent ISL and the US well

**Additional Notes:**
*Nice view of Mt. Kilimanjaro from school. Background check required.*
Preschool Support
Nicaragua

Placement Focus: Work with pre-K teachers and students
Location: Ciudad Sandino, Nicaragua
Required level of Spanish (1-10): 5
Min Length: 1 Month
Max Length: 2 years

About The Organization:
The preschools are located in a low income area 15 minutes outside of Managua where manufacturing is centered. These schools focus on early development as well as act as a daycare for working parents.

Assignment:
1. Work as an in classroom assistant in low income preschools
2. Design curriculum
3. Work directly with kids in and out of the classroom

Intern requirements:
1. Intern must have experience in the education field
2. Experience working with young children highly preferred
3. Must possess professionalism and be willing to represent ISL and the US well

Additional Notes:
Background check required.
Rural Development
Nicaragua

**Placement Focus:** Rural agricultural development  
**Location:** Department of Managua, Nicaragua  
**Required level of Spanish (1-10):** Suggested but not required  
**Min Length:** 1 month  
**Max Length:** 2 years

**Assignment:**  
1. Work in the production of an experimental farm  
2. Help with promoting the Experimental Farm Center  
3. Help with beekeeping operations  
4. Help with various other agriculture oriented tasks

**Intern requirements:**  
1. Intern should have a background in Biology and/or Agricultural science  
2. Marketing experience is desired  
3. Intern should have experience and/or interest in beekeeping and agriculture  
4. Must possess professionalism and be willing to represent ISL and the US well

**About The Organization:**  
The Experimental Farm Center is an agricultural development project that aims to find new innovative agricultural techniques and communicate them effectively to Nicaraguan farmers.

**Additional Notes:**  
*Spanish suggested but not required.*
National Zoo Rescue Center
Nicaragua

Placement Focus: Work with the under-resourced rescue center of Nicaragua’s National Zoo
Required level of Spanish (1-10): 2, Suggested but not required
Location: Managua, Nicaragua
Min Length: 1 month
Max Length: 2 years

About The Organization:
The National Zoo’s Rescue Center is effectively the only organization in Nicaragua of its kind that receives abandoned and hurt animals. It is an under-funded and overcapacity facility that is always in desperate need of volunteers.

Assignment:
1. Assist in the care of young mammals and birds in the nursery department
2. Other duties include cleaning, feeding, and rehabilitation
5. Help in the kitchen preparing food for the animals
6. Observation and ethology reports
7. Preparation of enrichment activities

Intern requirements:
1. Student of biology, wildlife conservation and management, zoology, primatology, and veterinary medicine are preferred
2. All willing volunteers are accepted
3. Must possess professionalism and be willing to represent ISL and the US well

Additional Notes:
Some basic Spanish is helpful but not required. Some staff within the rescue center do not speak English.
“The best way to find yourself is to lose yourself in the service of others.”

-Mahatma Gandhi