

Physical Therapy Teams

In beautiful Costa Rica

Serve - Travel - Learn

Come to Costa Rica and experience the stunning beauty of this country, while learning of its struggles. Don't miss this life-changing opportunity to be a real part of the solution instead of simply studying the problems.

Each program includes seminars on:
Basic Triage • Tropical Medicine • Medical Spanish

Get Field Experience in Orthopedic Massage

Teams are led by professional medical staff

Program is open to physical therapy students, massage therapy students, and sports medicine students, as well as pre-health students!



Come Make A Difference!

Pre-requisite: Anatomy and Physiology

Financial Aid available through GSM Sponsorship Program

For additional information contact:

www.ISLonline.org • info@ISLonline.org • (816) 767-0481



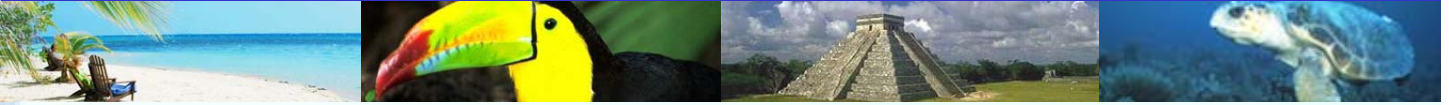
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SERVE • TRAVEL • LEARN

*Changing the world
one adventure at a time*

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Serve! Travel! Learn!



Basic Training Seminars & Field Work:

Each program begins with a training seminar in orthopedic massage for shoulder/neck, knees, elbows, hips, and legs. This class includes assessment and treatment of soft tissue injuries, plus several days of clinical work with patients.

Additional/Optional Areas of Field Study:

1. Indigenous medicine and traditional practices
2. Tropical Medicines: uses and preparations

Physical Therapy Teams FAQs:

Q. What students would benefit most from this program?

A. Physical therapy students, massage therapy students, and sports medicine students, as well as anyone going into the health professions.

Q. What are the pre-requisites?

A. Basic anatomy and physiology.

Q. What will I learn?

A. Students will learn manual testing for soft-tissue assessment and evaluation when x-ray and MRI testing are not available. This is an excellent triage method for determining the location and severity of an injury.

What ISL Participants Say...

“ This is an experience definitely unlike any shadowing or assistant position in the U.S. The trip is extremely hands-on!” Sonia S. – University of Texas

“The ISL trip was perhaps one of the most gratifying experiences of my life. In two weeks, I gained more knowledge about myself and medicine than just about my entire life.” Juan G. – University of Virginia

Trip cost can be significantly reduced through the GSM Sponsorship Program. Find out more at www.ISLonline.org. Cost includes all water/land transport, housing, two meals per day, border/security costs, staff accompaniment, translators, supplies and equipment, basic instruction manual, and training seminars. Does not include airfare or \$85 application fee.

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